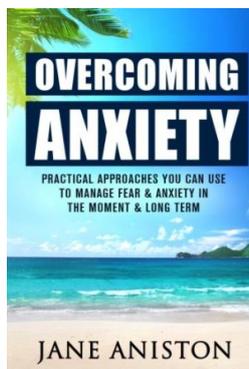


Anxiety: Overcoming Anxiety: Practical Approaches You Can Use to Manage Fear Anxiety in the Moment Long Term



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