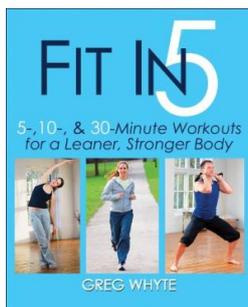


## Fit in 5: 5, 10 and 30 Minute Workouts for a Leaner. Stronger Body



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